



LITTLE LEAGUE DEVELOPMENT PROGRAM

"THE ROAD TO WILLIAMSPORT BEGINS AT BASEBALL CITY"

There are 5 areas in our Player Development Program:

- 1. League Clinics**
- 2. League Tryouts**
- 3. Coaches Clinics**
- 4. Team Clinics**
- 5. Player Clinics**

At the professional level, reinforcement of proper baseball skills and fundamentals is conducted every day. The old adage of “repetition is the father of all learning” still holds a great deal of weight in the sports world and every day life. Baseball City wants to teach correct habits...solid, proper baseball habits that become instinctive as players grow and mature. It is essential that kids learn the correct way to do things in order for them to realize their dreams and earn their successes on the diamond. This is a major reason we opened up an indoor facility.

Our recommended player development program is geared toward teaching kids “the Big Three,” hitting, pitching (throwing) and position play (i.e. catching, infield & outfield play). Baseball City has carefully designed a teaching curriculum similar to an education institution that teaches core mechanics at different age levels and abilities. Baseball City also realizes that all kids are not created equal. There are certain athletic movements that are unique to all of us – we do not force a kid to do something he is not athletically capable of doing – we want their natural abilities to be our guideline in how we teach them to be the best player they can be. Being able to watch a kid’s athletic ability and teach him the proper baseball skills while understanding his natural movements is what makes a special teacher – we work everyday at Baseball City to be that special teacher!

Baseball City is deeply concerned that young kids are not being taught the proper way to swing a baseball bat, throw a baseball, field a groundball, etc. The list of baseball skills goes on and on. Much of what is being taught is incorrect and there are many myths and fallacies about what is right and what is wrong when it comes to baseball skills.

Baseball City owner Bill Masse has been around and worked with the best teachers in the game – Major League hitting coaches Don Mattingly (New York Yankees), Kevin Long (New York Yankees) and Rick Down (New York Mets) are three of Bill’s best friends in the game. He talks to them on a regular basis on how coaches are teaching off-the-wall philosophies on how to swing a bat. He talks to Major League managers and pitching coaches everyday on how amateur coaches are teaching improper mechanics on throwing and fielding. Pitching arms are getting abused just for the sake of winning a game – these are serious issues! Bottom line, Bill has learned from the best of

the best on how to teach all baseball skills – this is what he does for a living, not something he reads in a how-to-book.

For Example: In hitting, coaches are teaching young players to squish the bug, high back elbow, chop down on the ball, improper alignment of the knuckles, improper drill work and miss-use of the batting tee. It is very hard to break these poor habits once muscle-memory takes over.

Improper mechanics at an early age can affect that player for the rest of his life. Baseball City can reassure you that players will get better with all baseball skills and ultimately improve players during the league season and continue into All-Star play. Obviously, we will adjust our teaching methods according to age and ability. Our professional curriculum goes from the basic fundamentals to major league fundamentals. Our staff at Baseball City has the ability to adjust to any age and/or ability to get the most success out of each player.

1. LEAGUE CLINICS

Staff: Baseball City Instructors / Guest Instructors
Date: On Request
Time: On Request / Clinic will be 2 hours
Where: Baseball City
Cost: Varies – Please see Clinic Pricing below if you want to use Baseball City Instructors. If you would rather staff it yourself, contact Baseball City for pricing
Emphasis: We will set up the clinic to your preference:
-Age Group (Majors, Minors, Farm Leagues, etc)
-Baseball Skills (Hitting, Fielding, Pitching & Catching)

2. LEAGUE TRYOUTS

Staff: Baseball City Instructors
Date: On Request
Time: On Request
Where: Baseball City
Cost: Varies - FREE (LL will get one free hour for every two hours of paid clinics) or - LL can rent out facility to run tryouts. Contact Baseball City for pricing
Emphasis: Coaches will evaluate talent levels of players for upcoming season

3. COACHES CLINICS

Staff: Baseball City Instructors / CT Capitals Coaches / Guest Instructors
Date: On Request
Time: On Request / Clinic will be 2 hours
Where: Baseball City
Cost: Please see Clinic Pricing below
Emphasis: A “how to guide” on teaching baseball skills and fundamentals / Coaches will be divided into stations and go through specific “absolute” skills as well as specific drills to get your players better. The areas covered but not limited to are: hitting, pitching, throwing, catching, fielding (infield & outfield), game management and practice schedules. Coaches are highly encouraged to ask questions and participate in the drills – the only way to improve your coaching is through experience and knowledge!

4. TEAM CLINICS

Staff: Baseball City Instructors / Guest Instructors
Date: On Request
Time: On Request / Clinic will be 2 hours
Where: Baseball City
Cost: Varies – Please see Clinic Pricing below if you want to use Baseball City Instructors. If you would rather staff it yourself, contact Baseball City for pricing
Emphasis: We will set up the clinic to your preference – some teams want to emphasize one area more than another.

5. PLAYER WINTER CLINICS

Staff: Baseball City Instructors / Guest Instructors
Date: Please see Winter Clinic flyers for dates – available on our website or at BC
Time: Please see Winter Clinic flyers for dates – available on our website or at BC
Where: Baseball City
Cost: Please see Winter Clinic flyers for dates – available on our website or at BC
Emphasis: Our Clinics (Hitting, Fielding, Pitching & Catching) are designed towards improving the skills of 6-13 year old players. Each clinic is comprised of 4 sessions (once a week), with each session lasting an hour and fifteen minutes

Clinic Pricing

- **COST FOR LEAGUE CLINICS, COACHES CLINICS AND TEAM CLINICS USING BASEBALL CITY INSTRUCTORS TO ORGANIZE AND WORK THE CLINIC**
- **CONTACT BASEBALL CITY FOR PRICING IF YOU DO NOT NEED BASEBALL CITY INSTRUCTORS TO ORGANIZE AND WORK THE CLINIC.**

<u># OF PLAYERS OR COACHES</u>	<u>COST</u>
1. 1-19	\$25 PER PLAYER OR COACH
2. 20-39	\$20 PER PLAYER OR COACH
3. 40-59	\$15 PER PLAYER OR COACH
4. 60-UP	\$10 PER PLAYER OR COACH



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